
MASSAGE TREATMENTS

RELAX

Relaxing back massage 30 min. | € 40

Relaxing body massage 50 min. | € 60

Legs

Draining or anti-fatigue according to your needs.

30 min. | € 40

Back and neck

Alleviates and relaxes the tension in the back and neck.

30 min. | € 40

Feet

To ease tired muscles and bring back general well-being.

30 min. | € 40

Face, neck and arms

Relaxes and nourishes facial features and favours the distension of the neck.

30 min. | € 40

Decontracting massage

Dedicated to those requiring profound work on back and neck muscular tension. Improves tissue vascularisation and reduces muscle tension.

50 min. | € 60

Sports massage

Improves athletic performance. It can be carried out either before or after a competition or training. It drains the accumulation of toxins, prevents accidents and releases muscular contractions.

50 min. | € 60

Draining massage

Intense localised massage particularly in the leg area; specific for those who have problems relating to water retention and localised adiposity.

50 min. | € 60

Antistress massage

Massage to bring back physical and mental well-being, by means of gentle and profound movements which relax and warm up.

50 min. | € 60

FOR APPOINTMENTS: please enquire at Reception